



# Brindishe Lee Newsletter

Friday 23<sup>rd</sup> October 2020

Headteacher: Ms Maxine Sebire

Brindishe  
Lee

Dear parents, carers, staff, governors and friends,

As we come to the end of our first half-term of this academic year, we would like to express our thanks to you all for the support you have shown over this half-term. It has been a tricky time for us all and the Brindishe schools have been no exception. At a time when we are all dealing with so much, it has been comforting to know that the school community is here to support each other. Thank you to everyone who has taken the time to email the school or pass on their support at the school gate.

As Friday draws to a close, our true thanks goes to the teachers and support staff across the Federation for doing such a fantastic job to ensure our children are focused and engaged in their learning and most of all feel happy, safe and calm. They have worked tirelessly, through the recovery curriculum to support the children's return and we are all very grateful.

So now is the time to switch off from the morning school run and enjoy the half-term break. Next week may feel a little different for each and everyone of us. Not being able to mix with extended family members or close friends in your homes may be hard but we must remember, the rules are there to keep us safe, so please think carefully and act responsibly.

We really do wish you all, children, parents, carers, staff and governors a lovely break. We look forward to welcoming you back on Monday 2<sup>nd</sup> November and if any further guidance is published before then, we will email you as soon as we know.

Kind Regards,

Rachel Waite, Maxine Sebire, Kate Porter and all of the Brindishe Federation Team.

## NHS Flu Vaccination

You may be aware that the NHS is currently aiming to give all Reception to Year 7 children the Flu vaccination from October to December 2020. The date allocated for Brindishe Lee Primary School is **Thursday 12<sup>th</sup> November 2020**.

We are now inviting parents/guardians to register your consent for the flu vaccination. We have developed a secure on-line link that you can use to register consent for your child to be vaccinated at school. The process is quick and easy to use.

Please click on this link to access the eConsent: <https://glink.uk/LGflu/100717> Here is a video on how the eConsent portal works <https://vimeo.com/showcase/7321177>

Flu can be an unpleasant illness and can cause serious complications. Vaccinating your child will help to protect them from getting the flu, and prevent it spreading among more vulnerable family and friends. With COVID-19 in circulation it is more important than ever to reduce the number of people becoming ill with flu this winter to help protect them and the NHS. The vaccination is free and in most cases is a quick and simple spray up the nose. Even if your child had it last year, the type of flu can vary each winter, so it is recommended to have the flu vaccine again this year otherwise they won't be protected. The healthcare team and school will follow guidelines to ensure your child is safe from COVID-19 while getting the vaccine. Please contact the Lewisham School Health Immunisation Team at the Downham Health and Leisure Centre on **0203 049 1897** or [lg.shshimmunisation@nhs.net](mailto:lg.shshimmunisation@nhs.net) if you require any further assistance.

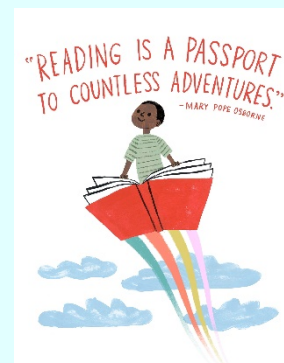
## Reading

The enjoyment of books is the most important factor when learning to read. Sharing books with adults helps children with learning to read. For some children, learning to read will seem to happen easily and quickly. For others, more time and support will be needed. Whatever the case, your help will be a powerful influence over your child's development as a reader. For all children praise, encouragement, reassurance and pleasure are the vital factors towards becoming a confident reader.

Listed below are some *top tips for reading* with your child as well as links to online resources. Happy Reading!

### Top Tips

- Make reading a time of pleasure for you both
- Start sharing books even before your child knows which way up to hold a book
- Learn to accept your child's efforts with praise
- Find somewhere quiet to read
- Read books your child loves, avoid setting up a 'test situation'
- Focus on the things which are right, not on mistakes
- Keep reading to children even after they have learned to read independently



### A selection of reading resources

- Library opening times - <https://lewisham.gov.uk/myservices/libraries/branches>
- Lewisham library E-books - <https://lewisham.gov.uk/myservices/libraries/elibrary/using-the-elibrary>
- Library events in Lewisham - <https://lewisham.gov.uk/myservices/libraries/online-library-events-and-resources>
- Other sites with free online books - <https://www.booktrust.org.uk/books-and-reading/have-some-fun/storybooks-and-games/> and <https://sooperbooks.com/bedtime-stories/>
- Oxford Owl - you have to create an account, but it is free - [https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/?view=image&query=&type=book&age\\_group=&level=&level\\_select=&book\\_type=&series=#](https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/?view=image&query=&type=book&age_group=&level=&level_select=&book_type=&series=#)
- Audio books - <https://stories.audible.com/discovery> and <https://www.bbc.co.uk/teach/school-radio/eyfs-storytime/zdv4vk7>
- Stories read by authors and celebrities - <https://www.storylineonline.net>
- Recommended Books - <https://schoolreadinglist.co.uk/category/reading-lists-for-primary-school-pupils/>
- Bug Club is a new online platform we are using at school for Reception and KS1. Details have been sent out to parents/carers.

### The 2020 F@B Lottery - Autumn Half-Term Result:

1<sup>st</sup> Prize: Number 19, Anna Gjorstrup - £80

2<sup>nd</sup> Prize: Number 31, James Bagueley - £40

There is one draw left in 2020, which will be made in December. We will be in touch with all existing players soon and hope everyone will re-subscribe for 2021!

Any new players are very much welcomed and if you are interested in joining 'The F@B Lottery' in 2021 then please email Alex Gibbins [alex.gibbins@charles-stanley.co.uk](mailto:alex.gibbins@charles-stanley.co.uk) for further details on how it works. Thank you to everyone who signed up this year & for your continued support, as you know the lottery helps to raise vital funds for the school. From the FAB Team.

### Virtual Tour and Promotional Video

The best way to get to know a school is to visit. Unfortunately, due to Covid-19 restrictions we are unable to host visits to the school at this current time.

However, we are delighted to announce that the staff and children at Brindishe Lee will be producing their very own virtual tour and film.

After the half-term break, we will be joined by a professional film maker/editor who will be capturing the school at its best.

This video can then be viewed by prospective parents/carers on our school website as well as the Brindishe Lee community.

**If you do not wish for your child to be filmed and appear in this virtual tour/promotional video, please let us know by emailing [info@brindishelee.lewisham.sch.uk](mailto:info@brindishelee.lewisham.sch.uk) by Tuesday 27<sup>th</sup> October.**

### Half-Term Holiday Camp – Final Reminder!

Sportacus will run their holiday camp again this half-term. From **Monday 26<sup>th</sup> to Friday 30<sup>th</sup> October**, they will be providing an action packed programme of sports and games at Brindishe Green School.

Call Harry on **07828 218690** or email

[Harry@sportacus.co.uk](mailto:Harry@sportacus.co.uk) for further information.

### Sportacus Wrap Around Care - UPDATE

Sportacus, our before and after school provider, are now able to accept *childcare vouchers*. If you are interested in a place at their wrap around care, either before or after school, please call Harry on **07828 218690** or email [Harry@sportacus.co.uk](mailto:Harry@sportacus.co.uk) for further information.

## Online Safety Bulletins

### Being Online Matters

For many of us, being online is an important part of our everyday lives. It is therefore important that we are giving our children lots of opportunities to talk about what they like doing online, the games and apps they use, and what to do if something goes wrong.

Setting up a family agreement can help make sure everyone knows what they are expected to do when they are online, and what will happen if they choose to not follow the agreement.

**Childnet** has come up with a template you can use, but there are many other templates available online.

<https://www.childnet.com/ufiles/Family-Agreement.pdf>

### Keeping ACTIVE over half-term

At Brindishe Lee, we ensure children are active for *at least 60 minutes a day*, whether that is at breaktime or lunchtime, PE lessons, the daily mile, forest school, active learning in class, yoga, drama or sensory circuits.

During the lockdown period, we heard some lovely stories from families about how they kept active during this time.

To keep you all active over the half-term break, listed below are a selection of activities that you may wish to try. These activities aim to challenge your physical fitness and skill acquisition, your mental alertness and problem solving skills along with social interaction. Please refer to the links below to download each activity.

*How many socks can you get in a box in one minute?*

1. [Step ups Challenge](#)
2. [Catch Clap Challenge](#)
3. [Speed bounce](#)
4. [Around the world](#)
5. [Climb the Mountain challenge](#)
6. [Figure of 8 Challenge](#)
7. [Socks in a box Challenge](#)

### Mental Health and Wellbeing

At this challenging time, the mental health of all is more important than ever. The NHS has provided some support for parents/carers who would like to find out ways to help their family in this area at <https://www.nhs.uk/oneyou/every-mindmatters/childrens-mental-health>

### Half-Term Break

Our half-term holiday break takes place from Monday 26th October to Friday 30th October. All children are due back in school on **Monday 2nd November**. If anything changes, we will let you know via text message and email as soon as we are told by the Department of Education. Until then, our dates remain the same.

### Dates for your Diary

**Monday 26<sup>th</sup> to Friday 30<sup>th</sup> – HALF TERM HOLIDAY**

**Monday 2<sup>nd</sup> November** – Platform Cricket for Year 4 starts

**Monday 9<sup>th</sup> November** – Bikeability for Year 5 & some Year 6 children

**Thursday 12<sup>th</sup> November** - Flu Vaccination, Reception – Year 6

**Tuesday 24<sup>th</sup> November** - Reception hearing and vision test