



# Brindishe Lee Newsletter

Friday 19<sup>th</sup> November 2021

Headteacher: Ms Maxine Sebire

Brindishe  
Lee

Dear families, governors, staff and friends,

As another week passes us by, as a school we would like to thank everyone for their support to ensure everyone is kept safe and well. As a school, we have noticed a rise in the number of children and staff feeling unwell with covid symptoms and therefore needing to get PCR tests or isolate at home. Along with coronavirus, there are a number of other bugs that seem to be about, including heavy colds, sore throats and upset stomachs. It is really important that you do not send your child to school if they have one of the three main covid symptoms: **a temperature, a new persistent cough, or a lack of taste or smell**. You should book your child for a PCR test as soon as possible and let the school office know. This is to make sure we can stop the spread as much as possible and to keep everyone safe and well. Please refer to the covid grid listed below for further guidance.

A few highlights this week include, the parent/carer Breck Foundation online safety workshop which was well attended – thank you for your support. The children and staff also found the online safety workshops in school very interesting and thought provoking. In addition to this, children spent the week discussing their favourite books and authors at the Book Fair. The children also enjoyed exploring and debating anti-bullying themes this week with their peers and teachers.

Have a lovely weekend!

Kind regards, The Brindishe Lee Team.

## Applying for Free School Meals for Children in Reception – Year 2

All children in Reception, Year 1 and Year 2 are entitled to 'Universal Free School Meals.' This means that they all get a free meal in school every day.

Families with a low income or who are receiving certain benefits can also apply to be **registered as FSM**. This can be done by reading the criteria and completing a short form on the Lewisham Council Website – [Applying for FSM](#).

While you might not think that this is an important thing to do, it is worth applying if you think your child might be entitled. If your application for 'Free School Meals' is approved by the council, **any clubs arranged by the school are half price**. When the school was closed to most children during the pandemic and during the school holidays, families entitled to 'Free School Meals' received **supermarket vouchers** and/or **food hampers**.

We would also like you to know that the school also receives additional funding from the government for every child who is registered as FSM. We are able to use this money towards providing additional activities and resources to support your child with their learning. Please have a look at the Lewisham website if you think you might be eligible, or ask a member of the Brindishe Lee office team if you would like support.

## Christmas Performances

As we head towards the end of November, events for the end of term are starting to be planned out, including winter performances. As a Federation, we are very much looking forward to the children taking part in such festivities and exploring ways in which they can be held both virtually and in person. We know that there is still guidance around the bringing together of people in large groups and as a school we will ensure we do all we can to keep everyone as safe as possible. If an event is planned to be held in person and we feel that it is not safe to do so, we will inform you of the changes. We appreciate that this may cause some disappointment, but keeping everyone safe is paramount.

### Our Weekly Online Safety Message

Roblox has been a major hit with children worldwide, even though it is an odd-looking and often confusing game. For parents at least.

It is an online game creator system where lots of the content is created by “amateur” game creators. These game makers are able to create and publish games to the community using simple tools. Internet matters has created a quick guide to help you understand what makes Roblox so popular and how to ensure your kids don’t get any nasty surprises.

<https://www.internetmatters.org/hub/esafety-news/parents-guide-to-roblox-and-how-your-kids-can-play-it-safely/>



### Friendship week – One Kind Word!

Friendship week has been a huge success at Brindishe Lee and we are so grateful to all the staff and children who have made it so special. All classes from across the school have taken part in a range of activities that have allowed the children to learn about kindness and positive relationships.

- Reception took part in some ‘friendship yoga’
- Year 1 enjoyed designing their own kindness dinosaurs
- Year 2 spoke about feathers in their kindness jar
- Year 3 wrote acrostic kindness poems
- Year 4 enjoyed a joint workshop with a range of carousel activities thinking about the words we use and how we use them thinking about ‘the weight of our words’.
- Year 5 made a ‘Chain Reaction of Kindness’
- Finally, Year 6 made kindness pledges.



During Friday’s praise assembly, children were recognised for being good friends and always showing positive relationships. The children were also able to nominate staff for kindness.

As the week comes to an end, we want to thank you all for making our school such a special place. Every week is Kindness Week at Brindishe Lee.

### School Meals Email Address

We have now set up a dedicated email address for all enquiries relating to school meals. If you have any questions about school meals, or need to discuss your child’s dietary needs or anything else connected with school lunches, please email [schoolmeals@brindisheschools.org](mailto:schoolmeals@brindisheschools.org)

### Important Dates

- **Height & Weight Session (NHS)** – Thursday 25<sup>th</sup> November
- **INSET Day** SCHOOL CLOSED - Friday 26<sup>th</sup> November
- **F@B Christmas Tree Delivery** – Saturday 4<sup>th</sup> December
- **Christmas Fayre** – Friday 10<sup>th</sup> December (More information to follow)
- **Christmas Jumper Day & Christmas Lunch Day** – Tuesday 14<sup>th</sup> December \* *note change of date*
- **Winter Break** - Monday 20<sup>th</sup> December 2021 – Monday 3<sup>rd</sup> January 2022
- **INSET Day** - Tuesday 4<sup>th</sup> January 2022



# FRIENDS@BRINDISHE LEE CHRISTMAS TREES

We are now taking orders  
for beautiful British grown,  
Nordmann Fir Christmas trees!

Pick up from 25 Southbrook Road on  
Saturday 4 December. Delivery can be  
arranged, but **pick up preferred**.

## Price list

2-3ft	£20
3-4ft	£25
4-5ft	£35
5-6ft	£46
6ft	£55
7ft	£65
8ft	£75

## To order

Visit <https://visufund.com/brindishe-lee-christmas-trees> donate the cost  
of your chosen tree and add the  
following details into the notes;

\* tree size, phone number & delivery  
address (if applicable).

OR if you'd prefer to pay cash, email  
[friends.brindishelee@gmail.com](mailto:friends.brindishelee@gmail.com)

PASS THIS ONTO YOUR LOCAL FRIENDS AND  
FAMILY. PROCEEDS WILL GO TO BRINDISHE LEE  
FOR EXCITING NEW PLAYGROUND PLANS!

# Get your child vaccinated against the FLU this season!



**If your child missed the flu vaccination in school this is for you!**

The School Health Immunisation Team will be delivering 2 catch up clinics at 3 locations. If your child is in **Reception to Year 11** and did not get the FLU vaccination in school; Contact the Immunisation Team on the details below to book an appointment or simply walk-in.

**Saturday 20<sup>th</sup> November**

**Time: 9am- 4.30pm**

**Downham Health Centre, BR1 5EP**

**Saturday 27<sup>th</sup> of November**

**Call 0203 0491897  
or 07341888526**

**Downham Health Centre, BR1 5P**

**Waldron Health Centre, SE14 6LD**

**Kaleidoscope, Rushey Green SE6 4JD**



High quality care for every patient  
every day

School Health Service Immunisation Team,  
Downham, 7-9 Moorside Road, BROMLEY, BR5EP  
email: [Lg.shsimmunisation@nhs.net](mailto:Lg.shsimmunisation@nhs.net)

## COVID UPDATES - PLEASE READ THIS INFORMATION

Please see below a copy of the decision chart to support you in knowing what to do if your child or another member of your household is exposed to Covid-19.

What do I do if.....	What ACTION is needed?	When can I RETURN to school?
My child is ill with symptoms not linked to Covid-19: <b>Sore throat, runny nose, headache, tummy ache, chicken pox, tonsillitis, sickness, diarrhoea</b>	Follow the usual School Absence Policy	When the child is feeling better <b>or 48 hours</b> if the illness is sickness/diarrhoea
My child has one or more of the 3 main Covid-symptoms: <ul style="list-style-type: none"> <li><b>HIGH TEMPERATURE</b> – this means feeling hot to the touch on the chest or back</li> <li><b>A NEW CONTINUOUS COUGH</b> – this means coughing for more than an hour, or having 3 or more episodes in 24 hours</li> <li><b>A LOSS OR CHANGE TO SENSE OF SMELL OR TASTE</b> – this means being unable to taste or smell as usual</li> </ul>	<p><b><u>DO NOT COME TO SCHOOL</u></b></p> <p>Contact school to inform us</p> <p>Obtain a PCR test</p> <p>Self-isolate until results are known</p> <p>Siblings <b>who have no symptoms</b> should continue to attend school</p>	On receipt of a negative test result and when your child is well enough to attend
My child tests <b>positive</b> for Covid-19	<p><b><u>DO NOT COME TO SCHOOL</u></b></p> <p>Contact the school to inform us, stating the earliest possible date of return</p> <p>Engage fully with NHS Test and Trace</p> <p>Engage with remote learning if your child is well enough to do so</p>	<p>After the applicable isolation period and when your child is well enough to attend</p> <p>Children can return after 10 days' even if the cough and loss of taste/smell remains. This can last for weeks</p>
My child tests <b>negative</b> for Covid-19	Contact school to inform us	...same day/next day and when they are well enough to return
Someone in my house is ill with Covid-19 symptoms	<p>Obtain PCR tests for everyone in your household and advise all close contacts of the person with symptoms to do the same</p> <p>If your child(ren) have no symptoms of Covid-19 they should continue to attend school while awaiting the test result. If your child(ren) have symptoms, they must self-isolate for the required period or until a negative PCR test result is received.</p> <p>A person is only required to isolate if they are over the age of 18 years and 6 months <b>and</b> are <b>not</b> double vaccinated. Any person who is double vaccinated or is under the age of 18 years and 6 months are not required to isolate <b>unless</b> they test positive or have 1 or more of the 3 main symptoms of Covid 19.</p>	
Someone in my house tests positive for Covid-19	<p>Obtain PCR tests for everyone in your household and advise all close contacts of the person with symptoms to do the same</p> <p>If your child(ren) have no symptoms of Covid-19 they should continue to attend school while awaiting the test result. If your child(ren) have symptoms, they must self-isolate for the required period or until a negative PCR test result is received.</p>	

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NHS Test & Trace has identified my child as being in close contact of someone with symptoms confirmed as Covid-19	<p>Obtain a PCR test for your child</p> <p>If your child has no symptoms of Covid-19 they should continue to attend school while awaiting the test result. If your child has symptoms, they must self-isolate for the required period or until a negative PCR test result is received.</p> <p>A person is only required to isolate if they are over the age of 18 years and 6 months <b>and</b> are <b>not</b> double vaccinated. Any person who is double vaccinated or is under the age of 18 years and 6 months are not required to isolate <b>unless</b> they test positive or have 1 or more of the 3 main symptoms of Covid 19.</p>	
Someone other than NHS Test and Trace has informed me that I am a close contact of someone who has tested positive for Covid-19	<p>Obtain a PCR test for your child</p> <p>If your child has no symptoms of Covid-19 they should continue to attend school while awaiting the test result. If your child has symptoms, they must self-isolate for the required period or until a negative PCR test result is received.</p> <p>A person is only required to isolate if they are over the age of 18 years and 6 months <b>and</b> are <b>not</b> double vaccinated. Any person who is double vaccinated or is under the age of 18 years and 6 months are not required to isolate <b>unless</b> they test positive or have 1 or more of the 3 main symptoms of Covid 19.</p>	
We/my child has travelled and needs to self-isolate as a period of quarantine	<p>Do not take unauthorised leave in term-time</p> <p>Consider quarantine requirements and FCO advice when booking travel</p> <p>Return from a destination when quarantine is needed</p> <p>Agree an earliest possible date for return</p>	...the quarantine period has been completed