



Brindishe Lee Newsletter

Thursday 25th November 2021

Headteacher: Ms Maxine Sebire

Brindishe
Lee

Dear families, governors, staff and friends,

It has been a short but productive week at Brindishe Lee. Please remember the school is closed tomorrow for staff INSET. We will see you all on Monday 29th November.

Listed below is our school newsletter as well as an array of posters providing information about Christmas trees, flu immunisations as well as Covid procedures.

We hope you have a lovely long weekend with your family and friends.
Stay safe and well.

Kind regards,
Ms Sebire & the Brindishe Lee Team.

Applying for Free School Meals for Children in Reception – Year 2

All children in Reception, Year 1 and Year 2 are entitled to 'Universal Free School Meals.' This means that they all get a free meal in school every day.

Families with a low income or who are receiving certain benefits can also apply to be **registered as FSM**. This can be done by reading the criteria and completing a short form on the Lewisham Council Website – [Applying for FSM](#).

While you might not think that this is an important thing to do, it is worth applying if you think your child might be entitled. If your application for 'Free School Meals' is approved by the council, **any clubs arranged by the school are half price**. When the school was closed to most children during the pandemic and during the school holidays, families entitled to 'Free School Meals' received **supermarket vouchers** and/or **food hampers**.

We would also like you to know that the school also receives additional funding from the government for every child who is registered as FSM. We are able to use this money towards providing additional activities and resources to support your child with their learning. Please have a look at the Lewisham website if you think you might be eligible, or ask a member of the Brindishe Lee office team if you would like support.

Christmas Performances

As we head towards the end of November, events for the end of term are starting to be planned out, including winter performances. As a Federation, we are very much looking forward to the children taking part in such festivities and exploring ways in which they can be held both virtually and in person. We know that there is still guidance around the bringing together of people in large groups and as a school we will ensure we do all we can to keep everyone as safe as possible. If an event is planned to be held in person and we feel that it is not safe to do so, we will inform you of the changes. We appreciate that this may cause some disappointment, but keeping everyone safe is paramount.

Christmas Jumper Day!

A reminder that Tuesday 14th December will be our Christmas Jumper Day. Children are encouraged to come to school wearing the most festive jumper they can find! We will be asking for a £1 donation in aid of Save the Children.

Winter Weather – Coats and Hands - Reminder

As many of you have noticed, the weather has really changed this week and it has certainly got much colder. Please can we remind you to make sure that your child brings a warm coat to school, and perhaps a hat, scarf and gloves for the end of the day and lunchtime. Please make sure these are clearly labelled with your child's name. Also, we are still making sure that the children sanitise and wash their hands several times a day in school as part of keeping everyone safe and well. As the weather has turned colder, please can we suggest that you moisturise your child's hands before they come to school and when they get home as well. This will help to prevent them getting dry and sore. Thank you for your support with this matter.



Our Weekly Online Safety Message

parentzone LOCAL

Lewisham | Southwark | Croydon | Lambeth

This week we would like to introduce you to Parentzone Local, a support service for families in the Boroughs of Lewisham, Lambeth, Southwark and Croydon. Parentzone offers advice about everything related to digital family life. Over the next few weeks, we will be sharing some of their parent guides.

You can access Parentzone Local here: <https://www.pzlocal.org.uk/>

This week we are sharing the link to their parent guide about Youtube channels and how to support your child to interact with Youtube in a safe way:

<https://static1.squarespace.com/static/613a0f67acc59146c0f6ef90/t/6154468b9aad8c245b25db50/1632913038843/Parent+Zone+Tech+Tip+%E2%80%93+C2%A0Making+YouTube+channel.pdf>

F@B Christmas Fair and Present Wrapping Event

A reminder that F@B are planning to hold a Christmas Fair on Friday 10th December 3.30-4.30pm. There will be a number of stalls outside and also a present wrapping event in school where your child can choose presents for their family members and have them wrapped by a member of the F@B team. F@B are asking for donations of any nearly new or new gift sets, toys, toiletries etc for this event. Donations can be dropped into the office before and after school. Thank you for your support!



Mental Health and Wellbeing

At this challenging time, the mental health of all is more important than ever. The NHS as well as other organisations have provided some support for parents/carers who would like to find out ways to help their family in this area.

- NHS - <https://www.nhs.uk/oneyou/every-mindmatters/childrens-mental-health>
- Young Minds - <https://youngminds.org.uk/>
- NSPCC - <https://www.nspcc.org.uk/keeping-children-safe/>
- Brindishe Lee - recovery@brindishelee.lewisham.sch.uk and info@brindishelee.lewisham.sch.uk for help and support from the staff at school.

Important Dates

- INSET Day SCHOOL CLOSED - Friday 26th November
- F@B Christmas Tree Delivery – Saturday 4th December
- Christmas Fayre – Friday 10th December (More information to follow)
- Christmas Jumper Day & Christmas Lunch Day – Tuesday 14th December * *note change of date*
- Winter Break - Monday 20th December 2021 – Monday 3rd January 2022
- INSET Day - Tuesday 4th January 2022



FRIENDS@BRINDISHE LEE CHRISTMAS TREES

We are now taking orders
for beautiful British grown,
Nordmann Fir Christmas trees!

Pick up from 25 Southbrook Road on
Saturday 4 December. Delivery can be
arranged, but **pick up preferred**.

Price list

2-3ft	£20
3-4ft	£25
4-5ft	£35
5-6ft	£46
6ft	£55
7ft	£65
8ft	£75

To order

Visit <https://visufund.com/brindishe-lee-christmas-trees> donate the cost
of your chosen tree and add the
following details into the notes;

* tree size, phone number & delivery
address (if applicable).

OR if you'd prefer to pay cash, email
friends.brindishelee@gmail.com

PASS THIS ONTO YOUR LOCAL FRIENDS AND
FAMILY. PROCEEDS WILL GO TO BRINDISHE LEE
FOR EXCITING NEW PLAYGROUND PLANS!

Get your child vaccinated against the FLU this season!



If your child missed the flu vaccination in school this is for you!

The School Health Immunisation Team will be delivering 2 catch up clinics at 3 locations. If your child is in **Reception to Year 11** and did not get the FLU vaccination in school; Contact the Immunisation Team on the details below to book an appointment or simply walk-in.

Saturday 20th November

Time: 9am- 4.30pm

Downham Health Centre, BR1 5EP

Saturday 27th of November

**Call 0203 0491897
or 07341888526**

Downham Health Centre, BR1 5P

Waldron Health Centre, SE14 6LD

Kaleidoscope, Rushey Green SE6 4JD



High quality care for every patient
every day

School Health Service Immunisation Team,
Downham, 7-9 Moorside Road, BROMLEY, BR5EP
email: Lg.shsimmunisation@nhs.net

COVID UPDATES - PLEASE READ THIS INFORMATION

Please see below a copy of the decision chart to support you in knowing what to do if your child or another member of your household is exposed to Covid-19.

What do I do if.....	What ACTION is needed?	When can I RETURN to school?
My child is ill with symptoms not linked to Covid-19: Sore throat, runny nose, headache, tummy ache, chicken pox, tonsillitis, sickness, diarrhoea	Follow the usual School Absence Policy	When the child is feeling better or 48 hours if the illness is sickness/diarrhoea
My child has one or more of the 3 main Covid-symptoms: <ul style="list-style-type: none"> HIGH TEMPERATURE – this means feeling hot to the touch on the chest or back A NEW CONTINUOUS COUGH – this means coughing for more than an hour, or having 3 or more episodes in 24 hours A LOSS OR CHANGE TO SENSE OF SMELL OR TASTE – this means being unable to taste or smell as usual 	<p><u>DO NOT COME TO SCHOOL</u></p> <p>Contact school to inform us</p> <p>Obtain a PCR test</p> <p>Self-isolate until results are known</p> <p>Siblings who have no symptoms should continue to attend school</p>	On receipt of a negative test result and when your child is well enough to attend
My child tests positive for Covid-19	<p><u>DO NOT COME TO SCHOOL</u></p> <p>Contact the school to inform us, stating the earliest possible date of return</p> <p>Engage fully with NHS Test and Trace</p> <p>Engage with remote learning if your child is well enough to do so</p>	<p>After the applicable isolation period and when your child is well enough to attend</p> <p>Children can return after 10 days' even if the cough and loss of taste/smell remains. This can last for weeks</p>
My child tests negative for Covid-19	Contact school to inform us	...same day/next day and when they are well enough to return
Someone in my house is ill with Covid-19 symptoms	<p>Obtain PCR tests for everyone in your household and advise all close contacts of the person with symptoms to do the same</p> <p>If your child(ren) have no symptoms of Covid-19 they should continue to attend school while awaiting the test result. If your child(ren) have symptoms, they must self-isolate for the required period or until a negative PCR test result is received.</p> <p>A person is only required to isolate if they are over the age of 18 years and 6 months and are not double vaccinated. Any person who is double vaccinated or is under the age of 18 years and 6 months are not required to isolate unless they test positive or have 1 or more of the 3 main symptoms of Covid 19.</p>	
Someone in my house tests positive for Covid-19	<p>Obtain PCR tests for everyone in your household and advise all close contacts of the person with symptoms to do the same</p> <p>If your child(ren) have no symptoms of Covid-19 they should continue to attend school while awaiting the test result. If your child(ren) have symptoms, they must self-</p>	

	<p>isolate for the required period or until a negative PCR test result is received.</p> <p>A person is only required to isolate if they are over the age of 18 years and 6 months and are not double vaccinated. Any person who is double vaccinated or is under the age of 18 years and 6 months are not required to isolate unless they test positive or have 1 or more of the 3 main symptoms of Covid 19.</p>	
NHS Test & Trace has identified my child as being in close contact of someone with symptoms confirmed as Covid-19	<p>Obtain a PCR test for your child</p> <p>If your child has no symptoms of Covid-19 they should continue to attend school while awaiting the test result. If your child has symptoms, they must self-isolate for the required period or until a negative PCR test result is received.</p> <p>A person is only required to isolate if they are over the age of 18 years and 6 months and are not double vaccinated. Any person who is double vaccinated or is under the age of 18 years and 6 months are not required to isolate unless they test positive or have 1 or more of the 3 main symptoms of Covid 19.</p>	
Someone other than NHS Test and Trace has informed me that I am a close contact of someone who has tested positive for Covid-19	<p>Obtain a PCR test for your child</p> <p>If your child has no symptoms of Covid-19 they should continue to attend school while awaiting the test result. If your child has symptoms, they must self-isolate for the required period or until a negative PCR test result is received.</p> <p>A person is only required to isolate if they are over the age of 18 years and 6 months and are not double vaccinated. Any person who is double vaccinated or is under the age of 18 years and 6 months are not required to isolate unless they test positive or have 1 or more of the 3 main symptoms of Covid 19.</p>	
We/my child has travelled and needs to self-isolate as a period of quarantine	<p>Do not take unauthorised leave in term-time</p> <p>Consider quarantine requirements and FCO advice when booking travel</p> <p>Return from a destination when quarantine is needed</p> <p>Agree an earliest possible date for return</p>	...the quarantine period has been completed