



Brindishe Lee Newsletter

Friday 10th December 2021

Headteacher: Ms Maxine Sebire

Brindishe
Lee

Dear families, governors, staff and friends,

How quickly time has flown since the beginning of the academic year and we find ourselves nearly at the festive holiday. As always we have managed to pack a huge amount into the term even with covid, including our Christmas show and festive fair, class trips, charity events, bikeability, cricket coaching and the Years 5 & 6 food taster session to name but a few highlights. In addition to this, children across the school have been discussing how proud they are of their learning and the progress made this term.

This week we filmed the Christmas show, watching our children stand on stage and perform with such confidence and pride, was a real honour. Well done and thank you to everyone who was involved in this wonderful event. We will share the link with you very soon so you can enjoy this with your families over the festive holiday.

As a school, we are delighted to see such overwhelming support from the Brindishe Lee community and the F@B team. The children have really appreciated the organised events and the kind donations made to the school. Next week the children are looking forward to the Elves Workshop, Christmas Jumper Day and the Christmas school lunch.

Please can we remind parents/carers that Friday 17th December is the last day of the school term before the festive holiday. Until then, we hope you all have a lovely weekend! Stay safe and well.

Kind regards,

Ms Sebire & the Brindishe Lee Team.



Christmas Festivities at Brindishe Lee School – Update – Final week

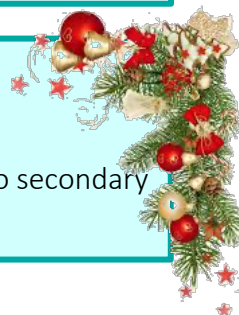
We would like to mark the festive period with some special festivities. Please see listed below what we have planned:

- **Festive Menu** – Our festive school lunch will take place on Tuesday 14th December.
- **Christmas Jumper Day** – On Tuesday 14th December is our Christmas Jumper Day. Please can the children come dressed in their most festive tops. There is no need to buy one especially for the day, instead try to decorate and upcycle an old jumper. Consider sustainability and being eco-friendly with your creations. We will be asking for a £1.00 donation in aid of Save the Children.
- **Christmas Fair** – Our Christmas Fair will take place outside today. Please come and support this great event.
- **Elves Workshop** – This present wrapping event will take place in the final week during the day. Each class will be allocated a time slot to select a gift for their family member/s and have them festively wrapped. **The F@B team are asking for donations of any nearly new or new gift sets, toys, toiletries etc. for this fun and festive event. Donations can be left in the school office. F@B will send further information out this week regarding this festive event.** We will be asking for a £1.00 donation in aid of our school fund.
- **Christmas Tree Donation** – F@B have kindly donated two Christmas trees for the children, staff and community of Brindishe Lee.
- **Christmas Holiday (School closed)** - Monday 20th December 2021 – Monday 3rd January 2022

Mental Health and Wellbeing

Do you need practical tips to support your child's wellbeing or to manage behaviour?

Place2Be's **Parenting Smart** site is full of tips and advice on a range of topics including transition to secondary school, meltdowns, and sleep difficulties. <https://parentingsmart.place2be.org.uk/>



REMINDER - Further to advice from Public Health and due to the rising number of cases within the school and the community, it is recommended that children with **ANY new symptoms** are recommended to take a **PCR test**. A new variant of COVID is presenting with symptoms such as headaches, stomach upsets, dizziness and any flu/cold-like symptoms.

PCR tests are booked online with the NHS by following this link: <https://www.gov.uk/get-coronavirus-test>. There is also useful information about testing including PCRs and lateral flow tests.

Lateral Flow support leaflet for parents/carers: https://www.southport.ac.uk/coronavirus/mail-23/2021.03.03_SchoolTest_parents_leaflet.pdf

Online Safety Message – Parental Controls

With Christmas just around the corner, we thought we'd provide a little reminder about setting up appropriate parental controls for any new phones, consoles or games your child may receive.

Games/Consoles – First, check the PEGI rating of any new games to check that your child is old enough to be playing them. PEGI provides age classifications for video games and considers the age suitability of a game, not the level of difficulty. It is important to note that PEGI do not take into consideration user generated content within games (such as on Roblox) and the chat facilities within games. Visit PEGI here: <https://pegi.info/>

For any new consoles, it is important to set up appropriate controls such as restricting spending limits and managing who they can communicate with to keep your child/ren safe. Follow the links below to find out about Parental Controls for each device:

- **Nintendo:** <https://www.nintendo.co.uk/Hardware/NintendoSwitch-Parental-Controls/Nintendo-Switch-Parental-Controls1183145.html>
- **PS5:** <https://www.playstation.com/en-gb/support/account/ps5-parental-controls-spending-limits/>
- **Xbox:** <https://www.xbox.com/en-GB/community/foreveryone/responsible-gaming>

Tablets/Smart Phones - As well as setting up parental controls on the device itself, remember to check any apps your child would like on their device, is it suitable for their age and review all settings and privacy options for each one. For the devices, use the available settings to prevent purchases, restrict content viewed and adjust privacy settings. Follow the links below to find out more:

- iPhones/iPads: <https://support.apple.com/en-gb/HT201304>
- Google Play: <https://support.google.com/googleplay/answer/1075738>

Further information, tips and advice on setting up parental controls:
<https://www.nspcc.org.uk/keeping-children-safe/online-safety/parental-controls/>



Staff News

Mrs Wagland will be leaving Brindishe Lee at the end of term. We thank her for her service at Brindishe as well as her positivity and creativity. We shall miss Mrs Wagland but wish her well with her new and exciting venture. Mrs Jenny Hayward, an experience teacher who has worked at Brindishe Manor will be joining the Year 2 team in January 2022.



Important Dates

- Christmas Fayre – Friday 10th December
- Christmas Jumper Day & Christmas Lunch Day – Tuesday 14th December * *note change of date*
- Winter Break - Monday 20th December 2021 – Monday 3rd January 2022
- INSET Day - Tuesday 4th January 2022



Lewisham winter holiday programme of food and fun - December 2021

This winter, with funding from the DfE, Lewisham Council is providing a varied holiday programme, with free activities and lunches for school aged children and young people (aged 5-16 years - up to 19 for children/young people with SEND) eligible for and in receipt of benefit related Free School Meals.

A wide range of providers in Lewisham are supporting the delivery of this programme.

The programme is provided from Monday 20th December to Friday 31st December 2021 and [details for each club are listed in the flyer here.](#)

If you have any questions or need support with registration, please contact HAFProgramme@lewisham.gov.uk

DECEMBER ACTIVITY CAMPS

Join the Sportacus team for three days of festive fun this December

As always, we will be offering our 3 popular camp options of:
Multisports (Both locations)
Football (Darrick Wood only)
Dance (Both Locations)

PRICES

3 day booking	£57.50
Individual day booking	£28.50

Use "SIBLING 10" for 10% off any 3 day booking of 2+ places



LOCATIONS

DARRICK WOOD JR SCHOOL, LOVIBONDS AVE, ORPINGTON, KENT BR6 8ER

BRINDISHE GREEN SCHOOL, BEACON ROAD, LONDON SE12 8NA

OPEN 9:30-3:30 EVERY DAY FOR BOYS AND GIRLS AGES 4-12

CHILDCARE VOUCHERS NOW ACCEPTED - GET IN TOUCH FOR MORE DETAILS

WWW.SPORTACUS.CO.UK

07828 218 690

HARRY@SPORTACUS.CO.UK





COVID UPDATES - PLEASE READ THIS INFORMATION

Please see below a copy of the decision chart to support you in knowing what to do if your child or another member of your household is exposed to Covid-19.

What do I do if.....	What ACTION is needed?	When can I RETURN to school?
My child is ill with symptoms not linked to Covid-19: Sore throat, runny nose, headache, tummy ache, chicken pox, tonsillitis, sickness, diarrhoea	Follow the usual School Absence Policy	When the child is feeling better or 48 hours if the illness is sickness/diarrhoea
My child has one or more of the 3 main Covid-symptoms: <ul style="list-style-type: none"> • HIGH TEMPERATURE – this means feeling hot to the touch on the chest or back • A NEW CONTINUOUS COUGH – this means coughing for more than an hour, or having 3 or more episodes in 24 hours • A LOSS OR CHANGE TO SENSE OF SMELL OR TASTE – this means being unable to taste or smell as usual 	<p><u>DO NOT COME TO SCHOOL</u></p> <p>Contact school to inform us</p> <p>Obtain a PCR test</p> <p>Self-isolate until results are known</p> <p>Siblings who have no symptoms should continue to attend school</p> <p>Positive lateral flow - Obtain a PCR test</p>	On receipt of a negative test result and when your child is well enough to attend
My child tests positive for Covid-19	<p><u>DO NOT COME TO SCHOOL</u></p> <p>Contact the school to inform us, stating the earliest possible date of return</p> <p>Engage fully with NHS Test and Trace</p> <p>Engage with remote learning if your child is well enough to do so</p>	<p>After the applicable isolation period and when your child is well enough to attend</p> <p>Children can return after 10 days' even if the cough and loss of taste/smell remains. This can last for weeks</p>
My child tests negative for Covid-19	Contact school to inform us	...same day/next day and when they are well enough to return
Someone in my house is ill with Covid-19 symptoms	<p>Obtain PCR tests for everyone in your household and advise all close contacts of the person with symptoms to do the same</p> <p>If your child(ren) have no symptoms of Covid-19 they should continue to attend school while awaiting the test result. If your child(ren) have symptoms, they must self-isolate for the required period or until a negative PCR test result is received.</p> <p>A person is only required to isolate if they are over the age of 18 years and 6 months and are not double vaccinated. Any person who is double vaccinated or is under the age of 18 years and 6 months are not required to isolate unless they test positive or have 1 or more of the 3 main symptoms of Covid 19.</p>	
Someone in my house tests positive for Covid-19	<p>Obtain PCR tests for everyone in your household and advise all close contacts of the person with symptoms to do the same</p> <p>If your child(ren) have no symptoms of Covid-19 they should continue to attend school while awaiting the test result. If your child(ren) have symptoms, they must self-</p>	

	<p>isolate for the required period or until a negative PCR test result is received.</p> <p>A person is only required to isolate if they are over the age of 18 years and 6 months and are not double vaccinated. Any person who is double vaccinated or is under the age of 18 years and 6 months are not required to isolate unless they test positive or have 1 or more of the 3 main symptoms of Covid 19.</p>	
NHS Test & Trace has identified my child as being in close contact of someone with symptoms confirmed as Covid-19	<p>Obtain a PCR test for your child</p> <p>If your child has no symptoms of Covid-19 they should continue to attend school while awaiting the test result. If your child has symptoms, they must self-isolate for the required period or until a negative PCR test result is received.</p> <p>A person is only required to isolate if they are over the age of 18 years and 6 months and are not double vaccinated. Any person who is double vaccinated or is under the age of 18 years and 6 months are not required to isolate unless they test positive or have 1 or more of the 3 main symptoms of Covid 19.</p>	
Someone other than NHS Test and Trace has informed me that I am a close contact of someone who has tested positive for Covid-19	<p>Obtain a PCR test for your child</p> <p>If your child has no symptoms of Covid-19 they should continue to attend school while awaiting the test result. If your child has symptoms, they must self-isolate for the required period or until a negative PCR test result is received.</p> <p>A person is only required to isolate if they are over the age of 18 years and 6 months and are not double vaccinated. Any person who is double vaccinated or is under the age of 18 years and 6 months are not required to isolate unless they test positive or have 1 or more of the 3 main symptoms of Covid 19.</p>	
We/my child has travelled and needs to self-isolate as a period of quarantine	<p>Do not take unauthorised leave in term-time</p> <p>Consider quarantine requirements and FCO advice when booking travel</p> <p>Return from a destination when quarantine is needed</p> <p>Agree an earliest possible date for return</p>	...the quarantine period has been completed